

Resources for Families and Educators of Students with Special Needs

Dear St. Ann's students and families,

In the spirit of learning and supporting families of students with special needs during **this unexpected pause** in the school year, St. Ann's staff is committed to insuring ongoing communication with families of our students to facilitate enrichment and continued learning. Customized packets of core-subject based tasks and activities have been distributed to all the students in our day and res/ed programs. Therapists have also been in contact with students and families.

In addition, we have assembled a list of online resources to share widely (thank you to Cotting School!). Take a look at the list below! Teachers are in their classrooms during this temporary closure so please feel free to email or call them as they also have great ideas and suggestions.

We look forward to having our students at school again very soon, to continue their hard work and progress!

Sincerely-

Teresa M Jones, M.Ed, CAGS

Director of Education

Recursos para familias y educadores de estudiantes con necesidades especiales

Estimados estudiantes y familias de St. Ann,

Con el espíritu de aprender y apoyar a las familias de los estudiantes con necesidades especiales durante esta pausa inesperada en el año escolar, el personal de St. Ann se compromete a asegurar una comunicación continua con las familias de nuestros estudiantes para facilitar el enriquecimiento y el aprendizaje continuo. Paquetes personalizados de tareas y actividades basadas en materias principales se han distribuido a todos los estudiantes en nuestros programas diarios y de res / ed. Los terapeutas también han estado en contacto con estudiantes y familias.

Además, hemos reunido una lista de recursos en línea para compartir ampliamente (¡gracias a Cotting School!). ¡Mira la lista a continuación! Los maestros están en sus aulas durante este cierre temporal, así que no dude en enviarles un correo electrónico o llamarlos, ya que también tienen buenas ideas y sugerencias.

¡Esperamos tener a nuestros estudiantes en la escuela nuevamente muy pronto, para continuar su arduo trabajo y progreso!

Sinceramente-

Teresa M Jones, M.Ed, CAGS

Directora de educación

Activity Ideas/ Ideas de actividades

[Animated talking picture books, read-alongs, ebooks, quizzes, lesson plans, and educational games.](#)

[Accessible literacy activity ideas organized and themed by month.](#)

[Art and drawing lovers daily drawing challenge.](#)

[Daily writing prompts.](#)

[Lunch doodles with Mo Willems.](#)

[Over 30 virtual field trips with links.](#)

[Practice some magic tricks.](#)

[Shark themed information and daily Facebook story hour.](#)

[Storytellers from Rooted In Rights.](#)

Books/ Libros

[A library of story books read aloud by celebrities.](#)

[Epic! books online.](#)

Broadway Plays/ Juegos de Broadway

[15 Broadway plays you can watch from home.](#)

Educational Resources for Enrichment and Distance Learning

Recursos educativos para enriquecimiento y aprendizaje a distancia

[The Council for Exceptional Children has shared a resource page for enrichment resources.](#)

[The Massachusetts Department of Education has shared a massive list of free resources assembled by educators from across the State.](#)

Independent Living/ Vida independiente

[A checklist for building independent living skills.](#)

[Life skills activity download.](#)

Mindfulness/ Atención plena

[Cosmic Kids Yoga.](#)

[Rainbow breathing.](#)

[Relaxed breathing training.](#)

[Stop, breathe, think.](#)

[The Calm Classroom on Instagram.](#)

[Yoga though Scholastic and Alo Yoga.](#)

Movies/ el cine

[Boston's ReelAbilities Film Fest will be streaming all of their film screenings online for free through March and April.](#)

Museums/ Museos

[Museum of disABILITY Resources.](#)

[Several museums offering free, online virtual tours.](#)

[The DeCordova Museum's outdoor sculpture park in Lincoln, MA is open, admission-free, to the public.](#)

Online Access Assistance/ Asistencia de acceso en línea

[Free or reduced online internet access resources.](#)

Stress Management/ Manejo del estrés

[Managing Stress in Stressful Times.](#)

[5 Ways to Help Teens Manage Anxiety about the Coronavirus.](#)

Transition/ la transformación

[Supporting Transition-aged Individuals During COVID-19 Changes.](#)